

**one idea -
three options**

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nutritionDay 2010

an annual bench-marking
opportunity for all types of
hospital wards

in all European languages

nutritionDay-NH 2010

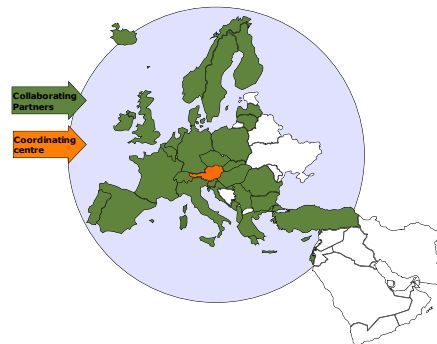
specific benchmarking for
nursing homes and long-
term care facilities

nutritionDay-ICU 2010

intensive care nutrition:
process evaluation

project aims:

- promote safe nutrition care in Europe by increasing knowledge, awareness, nutrition monitoring and bench -marking
- create an active partnership between patients, caregivers and official bodies to minimise the impact of disease related malnutrition



**nutritionDay II 2010
Join in!**



nutritionDay
WORLDWIDE

**A joint initiative of the
nutritionDay-team, supported
by the European Society for
Clinical Nutrition and
Metabolism (ESPEN), the
Austrian Society for Clinical
Nutrition (AKE) and the Medical
University of Vienna (MUW)**

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background

Generally health care focuses mainly on the increasing incidence of obesity. „nutritionDay worldwide“ shows that the prevalence of disease related malnutrition is unacceptably high as well. 15-40% of all hospitalised individuals are affected.

This results in enormous costs for the health care system, prolonged length of hospital stay and unfavourable prognosis for the patients.

In 2003 the Council of Europe agreed on a resolution which addresses this particular problem. 18 member states subsequently endorsed this.

„nutritionDay worldwide“ contributes to the practical application of this political statement in European hospitals and nursing homes.

The project „nutritionDay worldwide“ addresses improved patient safety and quality of care by raising awareness and increasing knowledge about disease related malnutrition.

methodology

The „nutritionDay“ project is characterised by the following attributes:

one day: Data collection takes place on one scheduled day throughout Europe.

easy: No special knowledge is needed for the implementation of the project. All necessary documents are provided by the coordinating centre.

native variety: The questionnaires are available in almost every European language. This enables the project to include minority groups of patients (e.g. migrants, non native speakers).

anonymous: Name and details of the participating centre and unit are encoded. This guarantees an anonymous handling and analysis of all participating units.

comparable: Each ward receives a comparison of it's own results to reference data of all units of the same speciality type. Repeated participation allows benchmarking.

data collection

Data collection is arranged as follows:

- 1. unit general:**
unit organisation and structure
(1 sheet per unit)
- 2. unit all patients:**
questionnaire about all patients included into the audit
(1 line per patient)
- 3. patients' questionnaires:**
 - a) one sheet about weight monitoring, mobility and social contact
 - b) one sheet about nutritional behaviour on „nutritionDay“
(1 sheet per patient)
- 4. outcome**
The patients' situation is reassessed at a predetermined period after „nutritionDay“ (discharged, transferred,...).

Collected data can either be transferred online or data sheets can be sent via mail to the coordinating centre.

supported by



in cooperation with

